

Skin Insights: Uncovering Psoriasis

Results from a survey among 507 adults with plaque psoriasis reveals patients are not satisfied with current topical treatments and want something different

Only 21% of all respondents (n=507) say that they are very satisfied with their experience with topical psoriasis treatments

9 in 10 (90%) wish there were more effective topical treatment options

8 in 10 (81%) wish they had more topical treatment alternatives to steroids

9 in 10 (89%) report that they are interested in trying a new topical treatment

Psoriasis in intertriginous areas — psoriasis in areas of skin-to-skin contact including the armpits, under the breasts, between the buttocks, stomach folds, and in the groin area — is common and has a substantial emotional impact on patients

Of all respondents, 64% (n=320) say they have experienced psoriasis in intertriginous areas:

Close to 3 in 4 agree dealing with their intertriginous plaque psoriasis symptoms has made them feel:

Of those with intertriginous psoriasis, living with plaque psoriasis in these areas is most likely to have a strong negative impact on:





There is a need for greater awareness, understanding, and discussion about intertriginous psoriasis, its symptoms, and management

40% of patients with intertriginous

psoriasis (n=320) did not identify their symptoms until they saw pictures of psoriasis in these areas of the body.

Variability in exam routines include whether or not patients feel comfortable showing areas of skin that are "private" or covered by clothing, or whether or not patients are asked to disrobe.



64% of patients with psoriasis in intertriginous

areas avoid showing their healthcare providers these areas of their body, with the most common reason reported as embarrassment (27%).



31% of patients with psoriasis in intertriginous areas (n=320) use treatments for longer than prescribed by their healthcare provider

52% of patients with psoriasis in intertriginous areas have to use different topical treatments for different parts of their body

Of patients who use different treatments for different parts of their body (n=168), 43% use treatments on areas of their skin not discussed with their healthcare provider



Almost 9 in 10 patients (87%) with psoriasis in intertriginous areas who use different treatments for different parts of their body would prefer a single treatment option

The Skin Insights: Uncovering Psoriasis survey was conducted online by The Harris Poll on behalf of Arcutis Biotherapeutics among 507 U.S. adults who have been diagnosed with plaque psoriasis by a healthcare provider. The survey was conducted in 2021. The n sizes reported throughout the document are unweighted sample sizes that reflect the actual number of respondents within the sample described, while all reported percentages are calculated based on the weighted data. For detailed methodology, please contact media@arcutis.com



For more information, visit https://www.arcutis.com/meaningful-innovation/plaque-psoriasis/